

Mitch Wolden, PT, DPT, PhD

4190 26th Ave S
Fargo, ND 58104

701.356.2136
mwolden@uj.edu

Education

Doctor of Philosophy

North Dakota State University, Fargo, ND
Education (emphasis: Institutional Analysis)
May 2018

Doctor of Physical Therapy

University of North Dakota, Grand Forks, ND
Physical Therapy
May 2009

Bachelor of Science, Physical Therapy

University of North Dakota, Grand Forks, ND
Physical Therapy
May 2007

Licensure Information/Registration Number

Licensed Physical Therapist in North Dakota, number 1534
2009 - current

Professional Experience

Professor

University of Jamestown Physical Therapy Program, Fargo, ND
July 2022 – current

Associate Director

Dissertation Coordinator

University of Jamestown Clinical Research PhD Program
July 2023 - current

Associate Professor

University of Jamestown Physical Therapy Program, Fargo, ND
July 2018 - 2022

Director, Pro Bono Clinic at Family Healthcare, Fargo, ND
July 2015 – 2020

Intensive Research Fellowship

St. Vincent's Private Allied Health Services (St. Vincent's Private Hospital, Sydney, Australia)
Mentor: A/Prof Sean Mungovan
October 22, 2022 – October 29, 2022

Appointed Honorary Research Fellow

The Clinical Research Institute (Westmead, Australia)
December 2021 – current

Appointed Honorary Faculty

University of New England (Australia) School of Science and Technology
Adjunct Professor
July 2023 - current
Adjunct Senior Lecturer
July 2021 – June 2023

Assistant Professor

University of Jamestown Physical Therapy Program, Fargo, ND
July 2014 - 2018

Adjunct Associated Faculty

University of Jamestown Physical Therapy Program, Fargo, ND
August 2013 – May 2014

Physical Therapist

ProRehab Physical & Occupational Therapy, Fargo, ND
June 2009 – July 2014

Certifications

Board-Certified Orthopaedic Clinical Specialist, June 2013

Certified Exercise Expert for Aging Adults, Academy of Geriatric Physical Therapy, August 2017

Scholarly Work

Peer Reviewed Publication

1. Wolden B. **Wolden M.** Furze J. McDevitt A. Advancing consistency in education: a reliability analysis of the Clinical Reasoning Assessment Tool. *Journal of Physical Therapy Education*. 2024; (*accepted*).
1. **Wolden M.** Brown S. Carlsson SV. Noah TA. Mungovan SF. Implementation of Physical Therapy Services for Men Undergoing Radical Prostatectomy: An Administrative Case Report. *Physical Therapy*. 2024; 104(4). DOI: 10.1093/ptj/pzad163.
2. **Wolden M.** Flom-Meland C. Gusman LN. Drevyn E. McCallum C. Determining the optimal length of clinical education experiences: surveying Doctor of Physical Therapy academic and clinical faculty. *Physical Therapy*. 2024; (online ahead of print). DOI: 10.1097/JTE.0000000000000342.
3. Palm D. Swarowsky A. Gullickson M. Schilling H. **Wolden M.** Effects of Group Exercise on Motor Function and Mobility for Parkinson Disease: Systematic Review and Meta-analysis. *Physical Therapy*. 2024; 104(4). DOI: 10.1093/ptj/pzae014.

4. Abola P. **Wolden M.** Monoamine Oxidase-B Inhibitor Rasagiline effects on motor and non-motor symptoms in individuals with Parkinson's Disease: a systematic review and meta-analysis. *Advances in Parkinson's Disease*. 2024; 13(2): 27-56. DOI: 10.4236/apd.2024.133003.
5. Abola P. **Wolden M.** Lefebvre K. Liquid subcutaneous Levodopa-Carbidopa ND0612 effects on motor symptoms in individuals with Parkinson's Disease: A systematic review and meta-analysis. *Advances in Parkinson's Disease*. 2024; 13(2): 9-25. DOI: 10.4236/apd.2024.132002.
6. Wood GN. Taylor E. Ng V. Murrell A. Patil A. van der Touw T. **Wolden M.** Andronicos N. Smart NA. Estimating the effect of aerobic exercise training on novel lipid biomarkers: A systematic review and multivariate meta-analysis of randomised controlled trials. *Sports Medicine*. 2023; 53(4): 871-886. DOI: 10.1007/s40279-023-01817-0.
7. de Campos T. Vertyzas N. **Wolden M.** Hewawasam D. Douglas B. McIlhatton C. Hill J. Molnar C. Solomon MI. Gass GC. Mungovan SF. Orthostatic intolerance events following hip and knee arthroplasty: a systematic review with meta-analysis. *The Journal of Bone and Joint Surgery*. 2023; 105(3): 239-249. DOI: 10.2106/JBJS.22.00600.
8. Karlik S. **Wolden M.** Women's collegiate soccer coaching in the United States: exploring barriers and challenges. *Soccer & Society*. 2022; 1-13. DOI: 10.1080/14660970.2022.2069099.
9. **Wolden M.** Anderson B. Student self-efficacy in pediatrics: evaluation and modification of the Pediatric Communication and Handling Self-Efficacy Scale. *Pediatric Physical Therapy*. 2022; 34(3): 382-389. DOI: 10.1097/PEP.0000000000000919.
10. Schanandore J. **Wolden M.** Smart NA. The accuracy and reliability of the Suchey-Brooks pubic symphysis age estimation method: systematic review and meta-analysis. *Journal of Forensic Sciences*. 2022; 67: 56-67. DOI: 10.1111/1556-4029.14911.
11. Wood GN. Taylor E. Ng V. Murrell A. Patil A. van der Touw T. Sigal R. **Wolden M.** Smart NA. Determining the effect size of aerobic exercise training on the standard lipid profile in sedentary adults with three or more metabolic syndrome factors: a systematic review and meta-analysis of randomised controlled trials. *British Journal of Sport and Medicine*. 2022; 56:1032-1041. DOI: 10.1136/bjsports-2021-103999.
12. Wood GN. Taylor E. Ng V. Murrell A. Patil A. van der Touw T. **Wolden M.** Smart NA. Determining the effect size of aerobic exercise training on the standard lipid profile of adults diagnosed with, and free of, Metabolic Syndrome: A protocol for two systematic reviews with univariate meta-analyses and meta-regression of randomised controlled trials. *Journal of Clinical Exercise Physiology*. 2021; 10(2): 42-50. DOI: 10.31189/2165-6193-10.2.42.
13. **Wolden M.** Drevyn E. Flom-Meland C. Gusman LM. Evaluation and modification of the physical therapist clinical performance instrument. *Journal of Physical Therapy Education*. 2021; 35(2): 85-94. DOI: 10.1097/JTE.0000000000000180.

14. **Wolden M.** Gusman LM. Drevyn E. Flom-Meland C. Does the length of student physical therapists clinical educational experiences matter? *Journal of Physical Therapy Education*. 2021; 35(2): 113-120. DOI: 10.1097/JTE.000000000000175.
15. Ajuogu PK. Al-Aqbi MA. Hart RA. **Wolden M.** Smart NA. McFarlane JR. The effect of dietary protein intake factors associated with male infertility - a systematic review and meta-analysis of animal clinical trials in rats. *Nutrition and Health*. 2020; 1-12. DOI: 10.1177/0260106019900731.
16. Ajuogu PK. **Wolden M.** McFarlane JR. Hart RA. Carlson DJ. Van der Touw T. Smart NA. Effect of low and high protein maternal diets during gestation on reproductive out-comes in the rat: a systematic review and meta-analysis. *Journal of Animal Science*. 2020; 98(1): DOI: 10.1093/jas/skz380.
17. **Wolden M.** Hill B. Voorhees S. Predicting success on the National Physical Therapy Examination (NPTE): systematic review and meta-analysis. *Physical Therapy*. 2020; 100(1): 73-89. DOI: 10.1093/ptj/pzz145.
18. **Wolden M.** Anderson B. Enhancing pediatric education for physical therapy students: through the development of community partnerships to facilitate experiential learning: a case report. *Journal of Physical Therapy Education*. 2019; 33(3): 236-242. DOI: 10.1097/JTE.000000000000096.
19. **Wolden M.** Hill, B. Farquhar-Voorhees S. Meta-Analysis in Physical Therapy Education Research: Using the Pearson's Product-Moment Correlation Coefficient as a Measure of Effect Size. *Journal of Physical Therapy Education*. 2019; 33(1): 78-84. DOI: 10.1097/JTE.000000000000075.
20. **Wolden M.** Anderson A. Ray C. Changes in Perceived Self-Efficacy of Physical Therapy Students Following a Pediatric Experiential Learning Opportunity. *Pediatric Physical Therapy*. 2019; 31(1): 115-120. DOI: 10.1097/PEP.0000000000000550.

Peer Reviewed Scientific and Professional Presentations

1. Wolden B. Palm D. **Wolden M.** Effects of High-Fidelity Simulation-Based Learning on Physical Therapy Student Performance: A Systematic Review. APTA Education Leadership Conference. October 19, 2024. Poster Presentation. Oakland, CA.
2. **Wolden M.** Mungovan SF. Brown S. Kirages D. Managing Urinary Incontinence in Men: Evidence-Based Assessments and Exercises for Individualized Treatment. APTA Combined Sections Meeting. February 16, 2024. Educational Session. Boston, MA.
3. **Wolden M.** Flom-Meland CK. Gusman LN. Drevyn EM. McCallum C. The Optimal Length of Clinical Experiences: Surveying Doctor of Physical Therapy Academic and Clinical Faculty. APTA Combined Sections Meeting. February 15, 2024. Platform Presentation. Boston, MA.

4. Palm D. Swarowsky A. Gullickson M. Grugel S. Stiers C. **Wolden M.** Effectiveness of group exercise on quality of life for Parkinson Disease: Systematic Review and Meta-analysis. APTA Combined Sections Meeting. February 16, 2024. Poster Presentation. Boston, MA.
5. Ortiz AS. Krietemeyer KS. Trinh TA. **Wolden M.** Faria CDCM. Swarowsky A. Dose-response Gait Interventions Meta-Analysis Based on APTA's CPG for Parkinson's Disease: Can It Be Determined? APTA Combined Sections Meeting. February 16, 2024. Poster Presentation. Boston, MA.
6. Bayliss A. Bird J. Lettvin C. Mueller L. **Wolden M.** 2023 NPTE Updates: Standard Review Outcomes and Alternative Item Types. FSPBT Annual Education Meeting. October 20, 2023. Educational Session. Jacksonville, FL.
7. Wolden B. **Wolden M.** McDevitt A. Reliability of the Clinical Reasoning Assessment Tool. Education Leadership Conference. October 14, 2023. Platform Presentation. Philadelphia, PA.
8. **Wolden M.** Flom-Meland CK. Gusman LN. Drevyn EM. McCallum C. Determining the Optimal Length of Clinical Education Experiences: Key Education Stakeholders Perspectives. APTA Education Leadership Conference. October 13, 2023. Platform Presentation. Philadelphia, PA.
9. **Wolden M.** Brown S. Don't Forget About Me! Integration of Men's Physical Therapy Services into Health Systems. APTA North Dakota Fall Conference. September 24, 2023. Educational Session. Grand Forks, ND.
10. **Wolden M.** What, When, & Why: Ultrasound Imaging in Physical Therapist Practice. APTA North Dakota Fall Conference. September 24, 2023. Educational Session. Grand Forks, ND.
11. Wolden B. **Wolden M.** McDevitt A. Reliability of the Clinical Reasoning Assessment Tool. Forging Ahead: The Future of Clinical Reasoning Symposium. April 15, 2023. Poster Presentation. Phoenix, AZ.
12. **Wolden M.** Mungovan SF. Brown S. Don't Forget About Me! Integration of Men's Health Physical Therapy Services into Health Systems. APTA Combined Sections Meeting. February 24, 2023. Educational Session. San Diego, CA.
13. Palm D. Swarowsky A. Gullickson M. Shilling H. **Wolden M.** Effects of Group Exercise on Motor Function and Mobility for Parkinson Disease: Systematic Review and Meta-analysis. APTA Combined Sections Meeting. February 23, 2022. Poster. San Diego, CA.
14. Haj T. **Wolden M.** Greenwood K. Impact of the COVID-19 pandemic on clinical education placements for Doctor of Physical Therapy students. Educational Leadership Conference. October 2022. Poster Presentation. Milwaukee, WI.

15. **Wolden M.** Anderson B. Reliability and Validity of the Pediatric Communication and Handling Self-Efficacy Scale. February 2022. Poster Presentation. Combined Sections Meeting. San Antonio, TX.
16. **Wolden M.** Schanandore J. Madsen J. Palm D. Swarowsky A. Comparing Lumbar Peri-Musculature Connective Tissue Thickness and Pain in People with and without Parkinson's Disease. February 2022. Poster Presentation. Combined Sections Meeting. San Antonio, TX.
17. **Wolden M.** Flom-Meland C. Gusman L. Drevyn E. McCallum C. Clinical Learning: What is the Optimal Length for Clinical Educational Experiences in DPT education? October 2021. Educational Session. Educational Leadership Conference. Atlanta GA.
18. **Wolden M.** Gusman LM. Drevyn E. Flom-Meland C. The long road ahead: does the length of clinical educational experiences affect students clinical learning. February 2021. Platform Presentation. Combined Sections Meeting. Orlando, FL.
19. **Wolden M.** Schanandore J. The Relationship between Echo Intensity and Chronic Low Back Pain. February 2021. Poster Presentation. Combined Sections Meeting. Orlando, FL.
20. Glasoe W. Allen M. Harris J. Higgins M. Jewett S. Rucker M. **Wolden M.** Effects of Functional Foot Orthoses and Taping Interventions for Adult Hallux Valgus. February 2021. Poster Presentation. Combined Sections Meeting. Orlando, FL.
21. Anderson B. Emmel L. Lundeen H. **Wolden M.** Partner up! Developing pediatric experiential learning & assessing outcomes to prepare students for clinical practice. November 2020. Educational Session. Academy of Pediatric Physical Therapy Annual Conference. Omaha, NE.
22. **Wolden M.** Drevyn E. Flom-Meland C. Gusman LN. Validation study of the physical therapist clinical performance instrument via confirmatory factor analysis. October 2020. Platform Presentation. Educational Leadership Conference. Milwaukee, WI.
23. Anderson B. **Wolden M.** Madsen J. Comparing pediatric faculty and clinical instructors expectations for student performance in transfers and handling techniques. February 2020. Poster Presentation. Combined Sections Meeting. Denver, Colorado.
24. Anderson B. **Wolden M.** Madsen J. Pediatric Transfers and Handling Techniques in Physical Therapy Education: A Comparison of Pediatric Faculty and Clinical Instructors. November 2019. Poster Presentation. Academy of Pediatric Physical Therapy Annual Conference. Anaheim, CA.
25. Haj T. **Wolden M.** Wolden B. Directors of Clinical Education and Clinical Instructor's Perspectives on the Physical Therapist Clinical Performance Instrument. October 2019. Poster Presentation. Education Leadership Conference. Bellevue, WA.

26. **Wolden M.** Hill B. Farquar Voorhees S. Predicting Success on the National Physical Therapy Examination: Systematic Review and Meta-Analysis. January 2019. Platform Presentation. APTA Combined Sections Meeting. Washington, DC.
27. **Wolden M.** Hill B. Voorhees S. Relationship of Clinical Performance Scores with NPTE Performance: A Systematic Literature Review and Meta-Analysis. October 2018. Poster Presentation. Education Leadership Conference. Jacksonville, FL.
28. Haj T. **Wolden M.** Greenwood K. The Status of Acute Care Clinical Experiences in Physical Therapy Education: A Survey Report. October 2018. Platform Presentation. Education Leadership Conference. Jacksonville, FL.
29. Haj T. **Wolden M.** Nuzzo N. Increasing PT Students Self-Confidence in the Acute Care Setting. May 2018. Poster Presentation Bridging the Acute Care Gap: Advancing Acute Care Physical Therapy Education. Indianapolis, IN.
30. **Wolden M.** Hill B. Confirmatory factor analysis of the Physical Therapist Clinical Performance Instrument. February 2018. Poster Presentation APTA Combined Sections Meeting. New Orleans, LA.
31. **Wolden M.** Anderson A. Ray C. Changes in perceived self-efficacy of physical therapy students following pediatric experiential learning opportunities. November 2017. Poster Presentation. Academy of Pediatric Physical Therapy Annual Conference. Cincinnati, Ohio.
32. Heyne-Lindholm P. Haj T. **Wolden M.** Will a structured 6-week module of Motivational Interviewing improve the level of empathy in 2nd year physical therapy students? October 2017. Poster Presentation Education Leadership Conference. Columbus, OH.
33. Voorhees S. Munns A. **Wolden M.** Rubric use to implement professional behaviors assessment across a physical therapy curriculum and guide student advisement. June 2017. ExamSoft Assessment Conference. Denver, Colorado.

Funded Grant Activity

1. **Wolden M.** Flom-Meland C. Drevyn E. Rindflesch A. Haj T. Why the variability? investigating the optimal length of clinical educational experiences: a mixed-methods study.
 - a. American Physical Therapy Association Academy of Education. February 2024. \$8,800 (funded – principal investigator)
 - b. American Physical Therapy Association North Dakota. May 2024. \$605 (funded – principal investigator)
2. Anderson B. **Wolden M.** Mobile Therapy Unit / Therapy on the GO. North Dakota Association for the Disabled. House of Everyday Learning 501(c)3.
 - i. Milnor Community Foundation Grant. April 2022. \$7,200 (funded – co-principal investigator)
 - ii. Lisbon Community Foundation Grant. April 2022. \$2,400 (funded – co-principal investigator)

- iii. Gibbens Memorial Grant. October 2021. \$5,000 (funded – co-principal investigator)
3. Sarowsky A. **Wolden M.** Schanandore J. Changes to the lumbar multifidus in people with and without Parkinson's disease. Seibold Grant. July 2020. \$800 (funded – co-principal investigator)
4. **Wolden M.** The Relationship Between Echo Intensity and Low Back Pain. North Dakota Physical Therapy Association. July 2019. \$650 (funded – co-principal investigator)

In Review Research Activity

2. de Campos TF. **Wolden M.** March MK. Hewawasam D. Boumelhem B. Spurr JJ. Khoury JM. Bartos EM. Mason-Cox L. Vertzya N. Faux SG. Mungovan SF. A standardised vehicle and simulator car seat transfer test: Reliability and concurrent validity. Australian Occupational Therapy Journal. (in-review). Submitted October 2023.
3. Smart NA. Downes D. van der Touw T. Hata S. Dieberg G. Pearson MJ. **Wolden M.** King N. Goodman SPJ. The effect of exercise training on blood lipids: A systematic review and meta-regression analysis. Journal of the American Heart Association. (in-review). Submitted June 2024.

Research and Grant Acquisition Training

Grant writing & mentoring in education research (GAMER) workshop. Charleston, SC. November 17 – 20, 2022.

Invited Presentations

1. **Wolden M.** Muscle Quality and Mobility in Chronic Low Back Pain & Parkinson's Disease. Presentation during Physiotherapist meeting at St. Vincent's Private Hospital, Sydney, AU; October 2022.
2. **Wolden M.** Brown S. Implementation of Men's Health Physical Therapy. Sanford Health Urology Meeting, Fargo, ND; June 2022.
3. Trevaskis S. de Campos TF. Douglas B. Molnar C. York J. Ho J. **Wolden M.** Vertzyas N. Mungovan S. The effectiveness of active ankle exercise interventions on lower limb blood flow: a systematic review. Presentation during Ground Rounds at St. Vincent's Private Hospital, Sydney, AU; April 2022.
4. **Wolden M.** Chronic/Persisting Pain. Presentation to Patients and Athletes at Elevate Human Potential, Fargo, ND; June 2021. <https://youtu.be/SIDTGjr8yLo>
5. **Wolden M.** Schanandore J. The Relationship between Echo Intensity and Chronic Low Back Pain. Presentation to American Physical Therapy Association of North Dakota. Spring Business Meeting 2021, April 16, 2021.

6. **Wolden M.** What to Expect When You Are Dissertating, Presented to North Dakota State University Education Doctoral Program Students, October 2018.
7. **Wolden M.** Predicting Success on the National Physical Therapy Examination: A Systematic Review of the Literature and Random Effects Meta-Analysis, Presented to University of Jamestown Physical Therapy Program Faculty and Students (Class of 2019 & 2020), March 2018.
8. Capstone Defense Panel, North Dakota State University Fall Education Conference, October 2017.
9. Voorhees SF, Munns A, **Wolden M:** Using Rubrics to Implement Professional Behaviors Assessment and Guide Student Advisement. ExamSoft Webinar; May 10, 2017
10. **Wolden M.** Physical Therapy's Approach to Chronic Pain, Presented to providers at Family HealthCare, Fargo, ND October 2016.

Honors & Awards

PTLI's Education Influencer Award 2024 for "The Optimal Length of Clinical Experiences: Surveying Doctor of Physical Therapy Academic and Clinical Faculty" Platform Presentation at the Education Leadership Conference 2023.

Physical Therapy Learning Institute (PTLI) in recognition of a presentation that has the potential to have a positive influence toward excellence in PT education and is consistent with vision and mission of PTLI.

University of Jamestown Employee Spotlight 2023 regarding research agenda, research collaborations, and the publication "Orthostatic Intolerance-Type Events Following Hip and Knee Arthroplasty."

<https://www.youtube.com/watch?v=ismY1cP6xBc&feature=youtu.be>

Academy of Advanced Item Writers 2022

Federation of State Boards of Physical Therapy

The Academy of Advanced Item Writers consists of those National Physical Therapy Examination item writers who develop both quality and quantity items

Stanford Award 2022 for "Does the Length of Student Physical Therapists' Clinical Educational Experiences Matter?"

American Physical Therapy Association Academy of Education in recognition of the manuscript containing the most influential educational ideas published in the Journal of Physical Therapy Education for 2021.

Outstanding Research Abstract Award 2022

Reliability and Validity of the Pediatric Communication and Handling Self-Efficacy Scale. APTA Pediatrics Section. 2022. Combined Sections Meeting. San Antonio, TX.

Consultative and Advisory Positions Held

External evaluator; *Implementing Integrative STEM Education in the Classroom*; September 2016.

Great Plains STEM Education Center at Valley City State University
Grant funded through the North Dakota Department of Public Instruction through the Math and Science Partnership federal program

Interviews & Multimedia

1. Interview for APTA Magazine feature story "Pelvic Health by Men and For Men." *APTA Magazine*. 2023; 15(5); 16-26. <https://www.apta.org/apta-magazine/2023/06/01/pelvic-health-by-and-for-men>.
2. Podcast interview on Wolden and Anderson "Student self-efficacy in pediatrics: evaluation and modification of the Pediatric Communication and Handling Self-Efficacy Scale." *Pediatric Physical Therapy*. 2022; 34(3). <https://journals.lww.com/pedpt/Pages/podcastepisodes.aspx?podcastid=1>.
3. Wolden et al "Does the length of student physical therapists clinical educational experiences matter?" *Journal of Physical Therapy Education*. 2021. Featured article with video synopsis. <https://twitter.com/JOPTJournal/status/1399742775877324801?s=20>.
4. Podcast interview with Dr. Alan Jette on Wolden et al "Predicting success on the National Physical Therapy Examination (NPTE): systematic review and meta-analysis." *Physical Therapy*, March 26, 2020. <https://academic.oup.com/ptj/pages/ptj-podcast-2020#e2afbb3b09e6ef8d2420>.

Teaching Experience

University of Jamestown Clinical Research Program

770: Critical Review of the Literature
Fall 2023

University of Jamestown Physical Therapy Program

PT 711: Anatomy –Course Instructor
Fall 2014, 2015

PT 741: Clinical Assessment I –Course Instructor
Fall 2014, 2015

PT 752: Biomechanics –Course Coordinator
Fall 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022

PT 753: Therapeutic Interventions –Course Coordinator
Spring 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023

Mitch Wolden, PT, DPT, PhD
(701) 356-2136
mwolden@uj.edu

PT 861 Musculoskeletal I – Co-course Coordinator
Spring 2015, 2016, 2019, 2020, 2021, 2022, 2023

PT 862 Musculoskeletal II – Co-course Coordinator
Summer 2015, 2019, 2020, 2021, 2022

PT 891 Community Experience I –Course Coordinator
Spring 2016
Fall 2016, 2017

PT 892 Community Experience II –Course Coordinator
Summer 2016
Spring 2017, 2018

PT 893 Community Experience III –Course Coordinator
Fall 2016, 2017
Fall 2018 – assistant instructor

PT 893 Advanced & Specialty Topics in Physical Therapy - Co-course Coordinator
Fall 2020

PT 894 Clinical Imaging for Physical Therapy – Co-course Coordinator
Summer 2021, 2022, 2023

Selected Leadership and Service

Academic Advisory Experience

George Laliotis. Anticipated Dissertation defense in Spring 2026. PhD in Clinical Research. University of Jamestown. Dissertation Committee Chair.

Alex Dralle. Anticipated Dissertation defense in Spring 2026. PhD in Clinical Research. University of Jamestown. Dissertation Committee Chair.

Tara Haj. Defended Dissertation in Spring 2022. EdD in Education Leadership. Minnesota State University Moorhead. Dissertation Committee Member.

Wendy Kopp. Defended Dissertation in Fall 2018. PhD in Adult and Occupational Education. North Dakota State University. Dissertation Committee Member

Services to the University – Physical Therapy Program

University of Jamestown. UJ Connects Committee
Member: August 2022 – present

University of Jamestown: Search Committee for Director of PhD in Clinical Research Program
Chair: August 2021 – March 2022

University of Jamestown. Higher Learning Commission Criterion 4 Assurance Argument Task

Mitch Wolden, PT, DPT, PhD
(701) 356-2136
mwolden@uj.edu

Force

Member: August 2019 – September 2020

University of Jamestown. Assessment Committee

Member: July 2018 – July 2022

Physical Therapy Program. Search Committee for Assistant Professor in Physical Therapy Program

Member: July 2021 – March 2022

Member: July 2020 – March 2021

Member: July 2018 – March 2019

Member: July 2016 – March 2017

Member: July 2014 – January 2015

Physical Therapy Program. Assessment Committee

Member: July 2014 – June 2023

Physical Therapy Program. Advisory Committee

Member: July 2014 – present

Services to the Profession– Physical Therapy

American Physical Therapy Association

Prescriptive Authority Taskforce: January 2024 - present

Federation of State Boards of Physical Therapy.

Examination Development Committee for the National Physical Therapy Examination

3-year appointment: January 2024 – December 2026

Item Writing Task Force for the National Physical Therapy Examination

3-year appointment: January 2021 – December 2023

Item Writer for the National Physical Therapy Examination.

March 2019 – December 2020

American Physical Therapy Association North Dakota.

Legislation and Bylaws Committee: January 2024 – present

Federal Advocacy Leason: January 2024 – present

Diagnostic Imaging Task Force: February 2020 – present

Continuing Education Committee: October 2018 – December 2023

Journal Peer Reviewer

Brazilian Journal of Physical Therapy. 2023, 2024

PAIN. 2024

American Board of Physical Therapy Specialists. Specialization Academy of Content Experts (SACE). Item writer

2016 - 2018

Community Service

Executive Committee Vice President. Lutheran Church of the Cross, West Fargo, ND, February 2023 – present.

Data analyst. Lutheran Church of the Cross, West Fargo, ND, June 2018 – June 2022

Ronald McDonald House, Minneapolis, MN, November 2016; April 2017; April 2018

Ronald McDonald House, Fargo, ND. August 2015 - present.

Physical Therapy Pro Bono Clinic at Family Healthcare, Fargo ND. July 2014 – July 2020.

Health Career Edventures (HCE), in collaboration with NDSU Nursing Program, Fargo, ND, 2 hours, July 15, 2015; June 20, 2016.

Health Occupations and Professions Exploration (HOPE) Camp, NDSU College of Health Professions in collaboration with Sanford Health of Fargo, Fargo, ND, 1 hour
June 16, 2015
June 21, 2016.
June 20, 2017
June 18, 2019

Professional Development and Affiliations

Membership in Scientific/Professional Organizations

American Physical Therapy Association

2006 – current

Section Member

Education (February 2015 - current)

Orthopaedic (February 2010 – 2019)

Pediatric (January 2017 – 2018)

American Physical Therapy Association North Dakota

2006 – current

Specialization Academy of Content Experts (SACE)

2016 – 2018

American Education Research Association (AERA)

2014 – 2016